

VOLUNTEERING GUIDE FROM 2017-2018 FULBRIGHT GRANTEES

GALICIA

Grantee City	Org.	Contact Person	Contact Tlf & Email	Description of responsibilities	Other Comments
Multiple	School placement	N/A	N/A	<p>Various grantees in Galicia organized activities at their schools as their side projects. For more information about these please contact Clara at the Commission:</p> <ol style="list-style-type: none"> 1. Science Club for High School Students at my school in Dodro that highlighted different science topics each week, encouraged discussion of culturally significant scientific inquiries, and introduced some significant US and Spanish researchers. 2. a) Pen Pal Program between a class of my 1Bachillerato students and a class of AP Spanish students at a school in Maryland where my brother teaches. b) Baroque Art and Culture Project put on by the school. I helped the 1ESO students prepare and practice presentations on various Baroque paintings and painters to be presented to parents during a visit to the school c) Basic Spanish Grammar Course to the US exchange students at my school and took them on a couple field trips around the Vigo area 3. Monthly Creative Writing Workshop for my students to have the chance to practice their English in a more relaxed and open environment 4. a) Health Focus Groups with my students to discuss diabetes and obesity. b) Solidarity March called "O Puga Móvese", in which students and professors donated funds and educational materials for domestic violence survivors and refugees 5. Cineforum, which is a great place where students watch movies, do presentations on topics of their choosing, and discuss personal philosophical issues with their peers after school. 6. Social Justice Themed, Environmental Education Project that covered subjects 	<p>Comments are organized by activity number in "Description" column:</p> <ol style="list-style-type: none"> 1. Because my school was so small and often had "charlas" or guest speakers during my scheduled "science club" time, these meetings were less frequent than I originally hoped for. 2. a) Attempts at other extracurricular English practice met with little success, except for the LGBTQ+ student support club that was formed late in the year. Future grantees interested in the group should contact Carmen Silva at I.E.S. ROU. If future TAs would like to continue a pen pal project with the same school in Maryland, my brother (A former Fulbright ETA to Brazil) would be willing to continue the program. His contact info is: John Andrew Wildes john.wildes@smrhs.org c) If the exchange program continues next year, future TAs may be interested in working with them in addition to an approved side project. 3. My coordinator and the jefes de estudios were really supportive of this and we spent a lot of time discussing the logistics before it took off, but in the end I was able to independently run this activity starting in October or November. I had a younger and an older group, and we met for an hour every month to discuss poetry and fiction writing, read examples, write our own work, and then comment on each other's writing. Sometimes it just turned into an hour of chatting and games (high school students don't always remember to do their assignments on time), but it was still really effective in getting them to feel more comfortable with speaking English and

				<p>such as green activism, the national parks system, culture and landscape, and more</p> <ol style="list-style-type: none"> 7. Pen Pal Project between one of my tercero ESO classes and a highschool Spanish class in Bellevue, Washington. 8. Intramural sports at my institute on Monday afternoons (1.5 hours/week) 9. Academic Project focusing on Galician language and its use 10. Flat Stanley and sending letters to the US 11. English Club during recess, where we would just sit in a classroom and talk 	<p>answering their questions that they were too nervous to ask in class.</p> <ol style="list-style-type: none"> 4. a) I developed educational material for adolescents based on my findings. b) For this event we collaborated with GADIS and ACCEM, an organization that works with various marginalized communities in Spain. I'd really recommend reaching out to them for volunteer and service opportunities (Gema Lage, ACCEM 981168897). If the grantee would like to organize any type of solidarity march or run all they would need to do is talk to the directors of the school. 5. This was by far my best experience at the school. The students are very trusting and open in the class in a way that does not happen during the morning sessions and my group was really looking for another young person to share with them and talk. Talk with Inma about joining (IES EBA). 6. I supplemented field trips with lessons of my own on similar themes, taught environmental ed lessons and projects, and at the end of the year made a zine to summarize all our hard work. 7. The teacher of that class was the last auxiliar that my school had, two years before I arrived, so we were put into contact by a current English teacher at my school. We worked together over the course of the school year, beginning in November, to create student pairs between our two classes based on language level, teach letter writing style and form, and organize 3 letter exchanges. In the end we were only able to exchange letters 3 times because of my schedule.
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A Coruña	Asociación ASPAS	N/A	ocioedeporte@asociasionaspas.org	I worked with ASPAS (located in San Marcos). They are an association that works with disabled adults. I was put on a volunteer email list, so I could sign up and volunteer as much or as little as I want. They go on outings to the movies, dinners, and even trips so I just worked as a chaperone and helper to the leader of the activity.	You have to go to San Marcos on bus 6 to get signed up. It's just so they can meet you and make sure you'd make a good volunteer (it's a formality) but then you'll get on the list!
Pontevedra	Fundación Secretariado Gitano	María Jose	maria_jose.obelleiro@gitanos.org	Fundacion Secretariado Gitano is where I chose to volunteer. I went once a week and taught English to a group of gitano students for two hours. They were a young group from the age of 5-11. I did this on Tuesday afternoons, but they wanted me to be able to come on Wednesdays so I would recommend keeping your Wednesday afternoons free if you are interested in this opportunity. I also conducted interviews with various people from the gitano community about their experiences as it pertains to racism in the education system. I would highly recommend taking this on if you are interested in getting to work on a crucial social justice issue in Spain.	If the next grantee is interested in continuing what I started, I would like to be emailed at ahvarnedoe@gmail.com.
Vigo	Vigo Uniteca (A local church)	Nate Wade	+34638246861	My side project was for students to create mini English videos discussing about their opinions of certain topics such as connecting identities, human rights, and discrimination. The students research, record, edit, and broadcast these films. My role was to mentor them and oversee what they were doing, as well as make sure we integrate ideas and promote community engagement. The institution I worked with was with a local church, Vigo Uniteca. They had an afterschool program so I worked with them every Friday for an hour.	Always go in with a positive attitude! Students might not have been exposed to certain topics so it's important to go in with an open-mind and as a way to teach them.

Pontevedra	Acción Solidaria de Galicia (Asdegal)	Teresa (Asdegal)	+34629760176	My official side project was done at school, Flat Stanley and sending letters to the US. However, my community involvement was going for walks with an elderly lady who needed to walk more. It was great because I was able to take a walk with her once a week and meanwhile, practice Spanish. Through the same organization I also helped tutor children in English at a children's home in Vigo. Acción Solidaria de Galicia (Asdegal) is the name of the organization and it has many many volunteer opportunities of all kinds!	
A Coruña	Grow Dat Youth Farm	Johanna Gilligan	jgilligan@growdatyouthfarm.org	My side project consisted of volunteer work on various eco-friendly farms within the region in order to learn their methods for sustainability. Through the connections between Slow Food International and the Grow Dat Youth Farm, I was able to find some of these farms, which required a half or full day's work on alternate Fridays, depending on the harvest.	
A Coruña	Oficina de Cooperación y Voluntariado	Vanessa Míguez Martín (Personal técnico Ferrol, she runs the University's volunteer office)	Extensión 3677 Email: ocvfer@udc.es Horario de atención al público: 8:30 a 14:30 h	I completed orientation to become an official volunteer with the Universidad de A Coruña's Oficina de Cooperación y Voluntariado. The office has established relationships with community organizations and can work with your schedule and time commitment. I tried to volunteer 2-3 hours per week. I volunteered as a companion and aid with El Centro de Atención a personas con discapacidad física (CAMF).	Contacting Vanessa via email or visiting the Volunteer Office in person will get you the information you need about CAMF and other projects.

A Coruña	Consellería de Sanidade	<p>Alberto Ruano Raviña</p> <p>Or</p> <p>Monica Perez Rios</p>	<p>1. Alberto Ruano Raviña (alberto.ruano@usc.es)--former Fulbright to the USA and my original contact with Clara. I had a sit down meeting with him in October about collaborating on public health research and was connected with my current coordinator Monica as she deals with maternal fetal health and perfectly aligned with my interests.</p> <p>2. Monica Perez Rios (monica.perez.rios@usc.es)--my current coordinator and AMAZING mentor! She would probably be happy to have another grantee. I have gotten very close with her family and even hang out with her kids weekly. She has spent some time in the states doing research as well and actually goes back most summers to Rhode Island.</p>	<p>I conducted maternal fetal health research in conjunction with the Consellería de Sanidade in Santiago de Compostela under the direction of Dr. Monica Perez Rios starting in the month of November. My work involved two different projects, both using data from the 2016 Galician survey that contained data regarding behavior and practices of women before, during, and after pregnancy as well as birth and health outcome of their infants. I composed, translated, and assisted in the data analysis of two articles: one regarding antibiotic use in infants in Galicia, Spain and the other related to teratogen exposure (alcohol, tobacco, and mercury exposure) during pregnancy and corresponding fetal health. The paper on antibiotics is about to be published here for medical professionals to read and act upon--we expect there to be an increased vigilance of antibiotics prescribed within the first year of life. The teratogen paper I plan to complete before my grant ends in June and we expect it to be published in July.</p>	
A Coruña	Escola Oficial de Idiomas, A Coruña	N/A	N/A	<p>Galician Interview Project: An ethnographic research project tracing the linguistic, social, and political histories of the Galician language, my project explores contemporary relationships to and with the Galician language through a series of photojournalistic interviews (similar in scope to the project "Humans of New York"). I interview a wide cross-section of Galician speakers ranging from native speakers to those who, despite growing up in Galicia, are only beginning to learn the language as adults; from those who choose not to speak Galician for its perceived second-class status to those who witnessed its forced repression during the dictatorship (despite the curious fact that Franco himself was born in the Galician city of Ferrol); from the political to the pedagogical; from urban crosswalks to those hailing from rural pueblos; from the institutional, such as the Real Academia Galega, to informal speakers "nas rúas" (in the streets) about their perceptions of, as well as relationship with, the Galician language.</p>	<p>I will hopefully be continuing my Galician language project next year as a mentor, and would love to answer questions about getting involved in language classes!</p> <p>NEW OPPORTUNITY: Accem, an organization that works with refugees, victims of domestic violence (981 16 88 97)</p>

Ourense	Cruz Roja Ourense	Isis	isisan@cruzroja.es.	I ended up working with the Red Cross in Ourense. I worked with their refugee department, and would watch kids while their parents attended Spanish class. I played games with them and taught them English as well! This was for 1.5 hours per day, twice per week.	Just talk to the people at the Red Cross, and they'll get you set up. They have several other projects they're working on as well, so if you want to work with other populations within Ourense, they can certainly help you out too. Other than established organizations like the Red Cross, finding an organization to volunteer with will likely be difficult. They're just not that well advertised.
A Coruña	N/A	N/A	N/A	I pursued my volunteer opportunity at a local health center, where I teach medical-specific English to the medical staff. I am also available as an interpreter. This has been great for combining my public health and education goals	
Pontevedra	USC Medical School	Dr. Alberto Ruano	N/A	My side project was to learn more about the presence of radon in Galician homes and to develop a map of Galicia that showed where the most radon in homes was concentrated. I worked with Dr. Alberto Ruano from the USC Medical School. The time commitment was about 2-3 hours a week, and my role was to find participants for our study.	
Ourense	Asociación de Escaladores Ourensans (Asesou)	N/A	N/A	Throughout my time spent with the climbing club, I absorbed an extensive amount of climbing jargon which I previously only knew in English. I compiled a list of about 100 climbing terms - everything from spoken commands, rock types, and route-finding terms to the names of climbing moves and all the equipment required. I then turned this into a dictionary, creating two versions - one aimed at Spanish speakers and one aimed at English speakers.	

Lugo	Local Conservatory of Music	Diego Ventoso Fernandez	diegoventoso@yahoo.es	I organized and facilitated a weekly drum circle for community members and students at the conservatory of music. We gathered once a week for an hour and played and created music together in a very open and facilitated way in order to cultivate leadership and improvisational skills, and creativity	I connected with the conservatory of music in Lugo and with the help of the head of the percussion department I was able to use their space and instruments for the weekly meetings.
Pontevedra	Caritas	Pilar Martin Fandiño	+34679276068	I worked with Caritas and taught English classes to adults who needed to pass their ESO exit exam.	I recommend working with them and asking for Pilar. She was so passionate and excited about education and working with immigrants.
A Coruña	N/A	N/A	N/A	I conducted my side project based completely as a community initiative - I created a plurilingual story telling podcast, starting with a 92-year old Spanish Civil War Veteran. He and I met biweekly at the beginning of my grant period, and accidentally I ended up word-of-mouth recruiting almost 15 more people to participate.	I initially thought I would find interest through my students, but after my first couple months at the school I realized I didn't want to spend more time with my alumnos, and would rather interact with other members of the community.