

# VOLUNTEERING GUIDE FROM 2017-2018 FULBRIGHT GRANTEES

## LA RIOJA

Grantee City	Org.	Contact Person	Contact	Description of responsibilities	Other Comments
Multiple	School placements	N/A	N/A	<p>Various grantees in La Rioja organized activities at their schools as their side projects. For more information please contact Clara at the Commission. These projects included:</p> <p><b>1) SPED Research Project-</b> My interest was to investigate how students with special needs are serviced in Spain, specifically students who are deaf and hard of hearing. I asked my school to allow me to observe two deaf students and one special ed classroom. I have done this the whole year and have written about my thoughts on the differences between SPED U.S. classrooms and Spain classrooms. In addition to this, I have been working with a deaf high school student that I connected with through walking around town. We have sought to develop a support group for deaf kids and teens in Logrono, then moving to greater parts of Spain.</p> <p><b>2) Speech Therapy-</b> Observing and participating in speech therapy sessions with the speech therapist at both of my schools.</p> <p><b>3) Track and Field Assistant Coach</b></p> <p><b>4) Pen Pal Program-</b> I had the 4th graders write to 2nd and 3rd graders at a bilingual school where I did my work-study all through college. It was a really cool opportunity to have the students practice their English and connect with students from the US. To cut back on costs, I did scanned the letters to the homeroom teachers in the US. The kids in Spain are not accustomed to writing activities, or the writing process so it did take several class periods before I was able to send off the first round of letters.</p> <p><b>5) Bilingual Cookbook-</b> I have been translating my recipes into Spanish and my teachers and students are going to translate some of their</p>	<p><b>Comments are organized by activity number in "Description" column:</b></p> <p>2) Carmen at Adoratrices and Susana at Marianistas (don't know last names but should be easy to track down, only speech therapists at each school.)</p> <p>3) All in all, this time was really just a great time to bond with my students outside of the classroom and exercise while doing it! I worked with Eduardo Marin ... feel free to ask him if you can help out too. if you want to work with the secondary students, speak with Toño. (San Agustín)</p> <p>4) If you do something like this, be sure to coordinate with the teachers back home. Certain times of the year are very hectic for teachers. If you are interested in doing something similar, I can get you the contact information for some teachers at the bilingual school where I worked in Oregon. Also, the grantee from last year (Claudia) is now a teacher and I'm sure she would be open to receiving letters to her 3rd grade class. I have her contact information as well.</p> <p>5) I worked with my teachers and students individually on this project</p> <p>6) Due to the low socioeconomic status of my students and their families, I was told that any sort of school-wide coin/charity drive was not possible. .If whoever is in my school next year has a similar interest in community service/teaching about serving others, I would suggest a</p>

				<p>favorite recipes into English. I will be asking my oldest students (5th and 6th graders), as well as some of the ESO students who have had the chance to try my food to write some journal entries, poems, etc in English, describing stereotypes about American food that they have and whether or not my recipes fit their preconceived ideas about American food in general.</p> <p>6) <b>Community Service-</b> We mainly made cards for people, like children in the hospital</p> <p>7) <b>Creating Children's Books-</b> , I created two children's books, one with each sixth grade class in my school. The students created the plot and designed the illustrations. It was an exciting project and I was able to publish the books through a company called FotoPrix in Logroño</p> <p>8) <b>College Counseling-</b> I worked with a small group of students who were interested in studying at American universities in the future. I later expanded this to English universities in general. We discussed topics such as admissions, financial aid options, writing cover letters and CVs, and how to transition to more formal, academic writing</p> <p>9) <b>Flat Stanley-</b> I had friends and family from all of the US dress up a paper doll and take it around to important places in their city. My students then got to see a wide variety of regions and people within the US. We also made a Logrono Flat Stanley that we sent to students in the US.</p> <p>10) <b>Recreo Fitness Program-</b> We did a few games from my previous P.E. classes in the USA.</p> <p>11) <b>Afterschool Leadership Program-</b> "Super Leaders" is one hour once a week where students are granted the opportunity to play games and participate in various confidence-building activities in English. Some topics for the sessions include: Being a Leader, Teamwork, the Importance of Listening, the Power of Positivity, Role plays, and Problem Solving.</p>	<p>"Kindness Campaign" or something similar that does not involve actual material goods or money.</p> <p>7) It took about a month for each book to be created in the classroom, designed online, and printed.</p>
Logroño	<a href="#">Animales Rioja</a>	N/A	N/A	I started volunteering at the Rioja animal shelter on weekends (usually 3-6 hours each time	I would have done more but the first tore up our floor and made our

				depending on who I could get a ride with) and fostered a dog for a week until we got it adopted.	neighbors mad so we couldn't do it again.
Logroño	N/A	N/A	N/A	I did a podcast and interviewed people from around Logroño. I spent a long time on this project since editing takes a really long time. I worked with wineries, professors, teachers, and other TAs. I spent probably about 10-15 hours per week on it.	
Logroño	<a href="#">Biblioteca La Rioja</a>	Carmen Sáez	Email bibrioja@larioja.org first and they'll then put you in contact with Carmen	My side project was storytelling at the La Rioja public library once a week. I would go on Saturdays from 12-1pm, read a story in English to a group of 10-20 primary school student and then facilitate an arts and crafts activity with them. The library was super welcoming and excited to have me. I got to choose which stories to read and they provided all the books and materials I needed. It was also really great getting to work with primary school students given that most my days were spent with secondary school students.	I'm sure they'll be extra excited to have you because we don't need any sort of documentation to justify our participation so it's super easy for them to have us.
Logroño	<a href="#">Technovation Challenge</a>	Lorena Martín (Technovation general contact)  María Arqué Clavero (Technovation Aragón región contact)	lorena@powertocode.org  technovationaragon@gmail.com	Throughout the year I've been working with a group of individuals leading the introduction of the Technovation Challenge to the Aragón region of Spain. I've mainly served as an "English consultant" of sorts, helping prepare presentations or other informational materials in English, as well as promotional videos. I've also attended two events as a volunteer to help with set-up, etc.	I had hoped to introduce the program to the La Rioja region and start mentoring a team of my own at my school, but unfortunately Maristas was not interested in hosting a team. Based on my experience, if you would like to do this I would recommend that, as soon as possible after arriving, you: (1) introduce the idea to your school (especially, find a teacher who would be interested in helping you) and (2) start collecting the names and contact information of local organizations and individuals that could be helpful.
Logroño	<a href="#">Banco de Alimentos</a>	Ana	info@bancodealimentosdelarioja.org  +34 649 095 974	Food Bank - I volunteered once a week, for anywhere between 1.5-4 hours. I did whatever they needed me to do (sorting through potatoes, taping boxes, sweeping, unloading trucks) and made great relationships with the wonderful women who volunteer there!	
Logroño	N/A	N/A	N/A	Another Fulbrighter and I are working on a podcast about La Rioja/Logroño. This meant that some weeks were super busy with interviewing or editing and other weeks were much calmer.	
Logroño	<a href="#">Asociación Ayedo</a>	Virginia	+34 636 655 323	I became active in an organization called Club Ayedo which offers enrichment programs for kids and families in Logroño. I went to the club when I was able to (about every other week for 2 hours) and spent time with the kids there, built	

				relationships with the staff, and participated in an international dinner.	
Logroño	<a href="#">Asociación Ayedo</a>			I volunteer to teach Cuban dance classes to the girls 2 hours (2 classes) every week. I teach in the dance studio that is part of the facility. The majority of my dance students are students at the Alcaste girls school. We are preparing a choreography (that I came up with) for a end of the year show at a dinner for all of the parents.	This is a great organization that provides the girls with a community and many learning opportunities. It is ideal working with these girls because I get to know my students outside of class, and love teaching the dance classes. The people in Ayedo are very appreciative of my work and provide a positive and supportive atmosphere. But, there was a lot of inconsistency with attendance and class sizes which made it hard to have a well-prepared show ready.
Logroño	<a href="#">Cruz Roja</a>	N/A	N/A	Once a week I spent 2 hours with an elderly woman who had just lost her husband. We would go on walks and talk as a way to give her some company.	
Logroño	<a href="#">Adopta Un Abuelo</a>	N/A	N/A	I volunteered to "adopt" an elderly person at a retirement home. I had a "grandparent" I would meet with for two hours a week.	Adopta un Abuelo has a website where you can apply online to volunteer. This program is a six month commitment.
Logroño	N/A	N/A	N/A	My side project is an exploration of Spain's early care and education landscape: its content and structure; how early care and education professionals and families perceive of this landscape and its impact on child outcomes; and how this landscape is similar to and different from the U.S.' early care and education landscape. To carry out my project, I have: 1) consulted research and literature on early care and education in Spain; 2) taken a course on early childhood pedagogy through Logroño's Universidad Popular; 3) observed local child care settings; and 4) interviewed early care and education professionals and parents about their experiences navigating Logroño's early care and education landscape.	