

VOLUNTEERING GUIDE FROM 2016-2017 FULBRIGHT GRANTEES

GALICIA

Grantee City	Org.	Contact Person	Contact Tlf & Email	Description of responsibilities	Specific, training, experience, level of Spanish, etc.?	Other Comments
Multiple	School placement	N/A	N/A	<p>Various grantees in Galicia organized activities at their schools as their side projects. For more information about these please contact Clara at the Commission:</p> <ol style="list-style-type: none"> Tutoring sessions for underprivileged students or those otherwise struggling with their courses or English in general, TAs organized these during <i>recreo</i>, free periods, or after school Weekly choir during <i>recreo</i> (Note: "it was difficult to maintain a consistent group of singers as well as get much work done in the 30 minutes we had") Assisting in planning of school-wide competitions and events, including a chess tournament, talent show, Halloween party, bookmark writing contest, etc. After-school theater group once a week (1 or 2 hours per meeting) that included readings and workshops in English on performance skills and tools Two Art clubs: <ol style="list-style-type: none"> Once a week during <i>recreo</i> examining the relationship of Spanish artists with the U.S. and U.S. artists with Spain and how that interaction and current events was reflected in their work. The artists and their styles were studied and then students created their own pieces inspired by these artists After school and partially sponsored by AMPA (parents' association) One TA was co-leader of a health and wellness youth group that discussed nutrition, sexual health, and social wellness 		<p>Comments are organized by activity number in "Description" column:</p> <ol style="list-style-type: none"> My school is located in a lower-income area of Coruña. In my first few months, I realized that many of the students were having difficulties in their learning. Moreover, my school has a considerable student population of Romani and Dominican immigrants who are falling behind the rest of the students at school. This school offers certificates (<i>ciclos</i>) in health (e.g. nursing), sociocultural services, and graphic arts. They have not had an English assistant in recent years and welcomed any amount of time I could share, depending on my weekly schedule. "I had visions for splitting the choir into different parts and musicians, but it was hard to do that with limited resources, time, and commitment. 5b. Talk to administrators and organize it with AMPA

Ourense	Fundacion Amaranta	Lucia or Esme	Tlf: (+34) 680 107 945; ourense@fundacionamaranta.org	I worked with the Fundacion Amaranta for two to three hours per week. Fundacion Amaranta is a national organization with a base in Ourense run by a group of religious sisters. It is a women's shelter for anyone coming from situations of domestic violence, trafficking, prostitution, etc. Women and their children can live in the center or on their own and can access health, housing, and other social services. I taught an English course at the center since there were a lot of women interested in starting/improving their English.	Someone with strong Spanish language skills would be best since no one that works there speaks much English.	There are a lot of opportunities to lead courses there- a future Fulbright who wanted to continue with English, yoga, crafts, homework help for kids, etc would absolutely be welcome! If you call, keep in mind that whoever answers the phone will most likely not answer with the name of the organization (I think it is a confidentiality thing in case anyone redials). Just tell them why you are calling and you will eventually get in touch with the right person!
Ourense	Cruz Roja	Natividad (program for elderly)	Tlf: 988 222 484; Natividad (ext. 57300)	I volunteered with the Red Cross in Ourense in their program for elderly people. I spent 2.5 hours a week visiting a woman who was bedbound with cancer. I would go to her home and just chat with her and keep her company. Since I am a nurse, I would try to help her with understanding her medications and the possible side effects they can have and ways to relieve those issues. However, anyone who is not a nurse could easily do this! She just wanted someone to talk to and her husband wanted the opportunity to leave the house without leaving her alone.	I would imagine a high level of fluency in Spanish is required, as it is very unlikely that the other Cruz Roja volunteers or the population that they serve speak any English. A medical background, however, is not required.	It was such a wonderful and rewarding experience and I miss her dearly! In order to be a volunteer with the Cruz Roja in Ourense, it is necessary to attend a 1.5 hour volunteer training session that is held once a month. Then, the volunteer meets with the volunteer coordinator to discuss where his/her skills and interests best fit in with the volunteer options - there are many opportunities to volunteer that relate to helping with unemployment, youth development, vulnerable populations, etc.
Pontevedra	Fundación Secretariado Gitano	María José Obeleiro	maria_jose.obelleiro@gitanos.org	I volunteered each Wednesday afternoon with the Fundación Secretariado Gitano, an organization that advocates for the fair treatment of Roma gypsies throughout Spain.		I encountered a good deal of casual prejudice against the gypsies both at school and expressed by Spanish friends.
Vigo	Fundación Secretariado Gitano	Gorka De Luis Gonzalez, Coordinador Provincial Vigo	gorka.de_luis@gitanos.org	I would go to the FSG Tuesdays from 5:30-7:30/8pm.		